



## Hope's Edge: The Next Diet for a Small Planet

*Frances Moore Lappe, Anna Lappe*

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# **Hope's Edge: The Next Diet for a Small Planet**

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## **Hope's Edge: The Next Diet for a Small Planet** Frances Moore Lappe, Anna Lappe

Thirty years ago, Frances Moore Lappé started a revolution in the way Americans think about food and hunger. Now Frances and her daughter, Anna, pick up where *Diet for a Small Planet* left off. Together they set out on an around-the-world journey to explore the greatest challenges we face in the new millennium. Traveling to Asia, Africa, Latin America, and Europe, they discovered answers to one of the most urgent issues of our time: whether we can transcend the rampant consumerism and capitalism to find the paths that each of us can follow to heal our lives as well as the planet.

Featuring nearly seventy recipes from celebrated vegetarian culinary pioneers—including Alice Waters, Mollie Katzen, Laurel Robertson, Nora Pouillon, and Anna Thomas—*Hope's Edge* highlights true trailblazers engaged in social, environmental, and economic transformations.



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