



True Spirit: The True Story of a 16-Year-Old Australian Who Sailed Solo, Nonstop, and Unassisted Around the World

Jessica Watson

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On May 15, 2010, after 210 days at sea and more than 22,000 nautical miles, 16-year-old Jessica Watson sailed her 33-foot boat triumphantly back to land. She had done it. She was the youngest person to sail solo, unassisted, and nonstop around the world.

Jessica spent years preparing for this moment, years focused on achieving her dream. Yet only eight months before, she collided with a 63,000-ton freighter. It seemed to many that she'd failed before she'd even begun, but Jessica brushed herself off, held her head high, and kept going.

Told in Jessica's own words, *True Spirit* is the story of her epic voyage. It tells how a young girl, once afraid of everything, decided to test herself on an extraordinary adventure that included gale-force winds, mountainous waves, hazardous icebergs, and extreme loneliness on a vast sea, with no land in sight and no help close at hand. *True Spirit* is an inspiring story of risk, guts, determination, and achievement that ultimately proves we all have the power to live our dreams—no matter how big or small.



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