



# **The Storytime Yoga® Kids Club Yoga Story Kit: Raven Brings the Light (Storytime Yoga®: Teaching Yoga to Children through Story)**

*Sydney Solis*

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The Storytime Yoga® Kids Club Yoga Story Kit features the Inuit folk tale of Raven Brings the Light retold by pioneering storyteller and kids yoga teacher Sydney Solis. When a shaman steals the sun and moon, the people beg Raven to help them and bring back the light.

Use this multicultural kids yoga story kit to educate your child at home, yoga studio, therapy session or in the classroom. Increase your child's literacy, oral skills, imagination, critical thinking, health and fitness, focus and attention.

Includes a featured written story with Kamishibai storytelling cards, perfect for the e-reader or I-pad to encourage retelling of the story orally by the parent or child. Also includes yoga asanas, meditation and relaxation, vocabulary cards, coloring pages and a parent/teacher guide with follow-up activities to work with the story in the home, classroom, library or studio.

Published by the Mythic Yoga Studio. One book of many found at Storytime Yoga for Kids.



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