



Basketball's Motion Offense for the High School Program

Jay Edwards

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Over the past 20 years of coaching high school boys basketball we have had a winning percentage of over 84% using the Motion Offense as our primary offense. Basketball's Motion Offense is a style of offensive play that differs from any kind of pattern play in that there is no predetermined order of movement of either players or the basketball. The foundation for the offense is constant movement of all five players that takes them to different positions on the floor. Instead of set patterns of play being followed, concepts are taught to enable the players to take advantage of opportunities presented by the defense. This is an offense that is based on recognizing what the defense is doing and where its players are on the court. This is opposed to pattern play in which the various options of the pattern will be followed regardless of what the defense is doing. The most difficult adjustment I have found as a coach when adopting the motion offense is that he does not have a predetermined sequence of movement to follow as he watches play develop. The more control that is placed on the movement of players, the more closely you would approximate pattern offense. The control that a coach has over the motion offense comes through his teaching of good passing and the taking of good shots.



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