



La Farmacia Popular: Desde remedios caseros y medicamentos hasta terapias naturales, todas las mejores opciones para vencer 36 males comunes

(Spanish Edition)

Joe Graedon, Teresa Graedon

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- Remedy ratings that allow you to compare the treatment options for each condition with ease
- The People's Pharmacy Favorite Picks?a selection of self-care strategies, tested and recommended by People's Pharmacy fans

Best Choices from the People's Pharmacy is the latest work from Joe and Terry Graedon, whose incisive investigation and reporting of all aspects of health care has earned them a worldwide audience. The Graedons have culled their best choices through careful review of current scientific research, as well as testimonials from their legion of People's Pharmacy readers and listeners. And they present these treatments to you in the accessible, practical style that The People's Pharmacy is acclaimed for. Armed with this information, you can make the best choice for you.



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