



Acrylic Painting and Zentangle Box Set: Easy and Inspirational Guidelines on How to Paint with Acrylics and Make Art Using Zentangle Methods (Acrylic Painting ... Books, Zentangle, Acrylic painting)

Emma Wilson, Jayden Thomas

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BOOK #1: Acrylic Painting: Step by Step Guidelines To Learn FAST How to Paint with Acrylics

Artist's acrylic paint is a synthetic media which got to be broadly accessible in the early 1960s. The paint is made by blending color and acrylic binder with water, forming a lasting clear film when dry. Acrylics are an exceptionally flexible paint which can be utilized for a variety of painting systems and project where durability and flexibility are required. It is accordingly regularly a favored medium by specialists who wish to try different things with texture and surfaces.

Acrylic paint can be utilized with a variety of painting systems, including impasto and blade painting. They can be utilized directly from the tube or thinned with water and utilized as a wash. A few artists blend acrylics with retarders which will slow the drying time and permit them to utilize the paint as they would with oil. Through the years acrylics don't yellow, break, or change. As today there are such a variety of alternatives accessible concerning styles and mediums, and with new materials and processes oftentimes being introduced to the art marked, artists are always challenged to learn new systems and techniques to express and improve themselves.

In this book you will learn:

- Acrylic Painting Basics
- 11 best brand of acrylic paint
- Evaluating a New Brand of Acrylic Paint
- Acrylic Painting Tips
- How to Paint with Acrylics

BOOK #2: Zentangle: 15 Easy and Inspirational Steps to Make Art

Using Zentangle Methods

In the 7th Century sage Hui Neng said that “the meaning of life is to see”. Zentangle is a meditative technique whereby the user creates abstract artwork while trying to reach a spiritual level. Most meditation processes require you to close your eyes whereas Zentangle requires them to be open while you focus your energy and intent. Meditation has been shown to have amazing benefits for both the body and the mind, however many of us simply can't shut off when we try and spend time de-stressing.

Zentangle is a process of creative meditation where instead of simply sitting and trying to relax you force your brain to focus on nothing outside of the piece of artwork you are creating. Zentangle allows you to meditate but also actively work at a task by focusing your mind and allowing everything else to fall away without giving you the chance to think about other things.

Zentangle isn't doodling, a common misconception, it is drawing with a focus and purpose while letting your mind wander. If you've never heard of it this book will be a great introduction and if you have then you can still learn how much more there is to the process than you know about.

Here you can learn:

- What is Zentangle?
- Meditation and Zentangle
- Steps to create your own Zentangles
- Benefits of Zentangle
- What others say about Zentangle

Getting Your FREE Bonus

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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