



Acquainted with the Night: Insomnia Poems

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It is the rare individual who has not, at one time or another, been kept awake for hours on end?as the rest of the world, maddeningly, appears to be comfortably lost in the nocturnal world of dreams.

Here is a treasury of verse on the rich subject of insomnia?meditations by poets who have sought to describe their own moments of solitude in darkness, when the world's regular bustle of activity and distraction falls away and they are left to contemplate in silence.

Acquainted with the Night brings together Emily Dickinson and Elizabeth Bishop, Rimbaud and Sappho, Shakespeare and Shelley?the great poets of the Western literary heritage?on a theme with which each one has been acutely familiar. Lisa Russ Spaar has also unearthed ruminations on the sleepless nights of poets the world over: in a fascinatingly diverse anthology, she has harvested verse from Russian, Chinese, Japanese, Inuit, Vietnamese, Tamil, Yiddish, and Romanian poets, who together present an illuminating display of insomnia's extraordinary and enduring legacy in widely different cultures through the centuries.

As these exquisite poems chart a course from solitude, through anxiety, to epiphany, the reader truly learns what it means to be acquainted with the night.



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The actual book *Acquainted with the Night: Insomnia Poems* has a lot of knowledge on it. So when you read this book you can get a lot of gain. The book was compiled by the very famous author. The writer makes some research previous to write this book. This particular book very easy to read you may get the point easily after perusing this book.

Kevin Primeaux:

Reading can called thoughts hangout, why? Because when you find yourself reading a book particularly book entitled *Acquainted with the Night: Insomnia Poems* your mind will drift away trough every dimension, wandering in each and every aspect that maybe unidentified for but surely can be your mind friends. Imaging each and every word written in a e-book then become one web form conclusion and explanation that will maybe you never get prior to. The *Acquainted with the Night: Insomnia Poems* giving you another experience more than blown away your brain but also giving you useful data for your better life in this era. So now let us present to you the relaxing pattern at this point is your body and mind will probably be pleased when you are finished examining it, like winning an activity. Do you want to try this extraordinary wasting spare time activity?

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In this particular era which is the greater man or woman or who has ability in doing something more are more treasured than other. Do you want to become one among it? It is just simple method to have that. What you need to do is just spending your time not very much but quite enough to get a look at some books. One of the books in the top checklist in your reading list is actually *Acquainted with the Night: Insomnia Poems*. This book that is certainly qualified as *The Hungry Slopes* can get you closer in turning into precious person. By looking right up and review this reserve you can get many advantages.

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