



# **My Grandmother's Chinese Kitchen: 100 Family Recipes and Life Lessons**

*Eileen Yin-Fei Lo*

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## **My Grandmother's Chinese Kitchen: 100 Family Recipes and Life Lessons** Eileen Yin-Fei Lo

Award-winning cookbook author and celebrated food expert Eileen Yin-Fei Lo learned how to cook from her talented grandmother. This inspiring and instructive book collects 100 recipes the author learned in her grandmother's kitchen, along with the life lessons, observations, and other gifts she hopes to pass on to readers and future generations.

Cherished holiday recipes include steamed buns and fish congees for birthdays, vegetables prepared during the Lunar New Year, and rice dumplings made for the Dragon Boat Festival. All the essential techniques of the Chinese kitchen are represented, including stir-frying, steaming, roasting, stewing, braising, and more.

A volume to cook from, to share, and to read as a memoir in its own right, *My Grandmother's Chinese Kitchen* celebrates a great culinary tradition by sharing family wisdom and timeless recipes.

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