



# Sex is a Binding Agent

*K Essibrey-Annan*

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## **Sex is a Binding Agent** K Essibrey-Annan

Sexual dissatisfaction in marriage is one of the major causes of marital discord that eventually lead to divorce. Unlike the other causes, 'ill-sex' is a silent killer, and that is because matters related to it cannot easily and openly be discussed. Especially within the African context, it finds itself among the numerous taboo subjects. It is considered both secret and sacred, for which reason no one partner can complain or comment even when dissatisfied. A wife cannot ask for "more" from her own husband without being regarded as a pervert. Similarly, when a husband "under-performs", it still remains a bedroom secret. The unexpressed hurts then degenerate into serious crises, such that any other simple matter can be used as an excuse for any unfavourable action. We cannot underestimate the importance of sex in marriage, and especially the importance of the right teachings on the subject. Sex, as enjoined by the Bible, should not be defiled or carried out in a selfish manner. It is intended for mutual benefit and excitement. It is important to understand that sex is not only meant for procreation, but also for pleasure and purity. Though the subject is to a large extent present in Scripture, very few of us are able to put the facts together to enable us enjoy the full pleasure of this wonderful phenomenon. Little wonder that the subject does not enjoy much exposure in publications; and not much is also mentioned from the pulpits. That is why Preacher Essibrey-Annan's bold work deserves some commendation. His attempt to explain sex as a gift is quite unique. He exposes the readers to all the major intricacies of sex, namely, foreplay, stimulation, orgasm, initiative, intimacy and many more. He does a great service to readers by including certain other areas of marital life such as Love and Conflict Management. The book "Sex is a Binding Agent" is itself a gift that every married individual should possess. When read together in a relationship, it can be a good appetizer for a satisfactory romantic engagement. A brilliant attempt indeed! REV DR JOHN B. GHARTEY

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