



How to Be a Better Catholic: A Guide for the Regular Guy

Fred Ferraro

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Are you a guy who needs help focusing on your faith? Do you know someone who “used to be Catholic” and has fallen away from the Church? This book will help you or the man you care about to become a better Catholic, to jump start his faith journey. It is designed with all men in mind, but is meant particularly for the regular guy – the guy who is neither a theologian nor is a candidate for the priesthood, but generally wants to, and knows that he should do better. This book will help men:

- Understand their mission in life
- Establish a relationship with Jesus
- Acquire tools to improve as a person
- Keep their faith and Jesus at the front of their minds
- Understand how to pray
- Avoid sin
- Share their faith with others

How to Be a Better Catholic – A Guide for the Regular Guy is the perfect gift to give yourself or to a brother, father, or anyone you care about. Is there anything more important than getting to heaven?



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