



Is There a Doctor In the House: Common Sense Medical Insights and Anecdotes from a Veteran Family Physician

Dr. Glenn M Cosh

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Navigating today's medical environment is akin to trudging through the Amazon; challenges lurk around every corner, and without an experienced guide, one wrong turn can lead to financial and physical hardship. "Is There a Doctor in the House?" is rich with anecdotes and common sense suggestions from Dr. Glenn Cosh, a veteran family physician with over 45 years experience. Dr. Cosh offers insights into how medicine has evolved from the traditional doctor-patient relationship to a hi-tech/hi-cost system controlled by corporations and excessive government red tape, and proposes solutions to right the "sinking ship" that is healthcare in America today. His common sense advice includes how to choose a personal physician, how best to deal with common pains and fears, an easy, non-technical explanation of how our bodies function, and eight handy guidelines that can assist you in maintaining a balanced and healthy lifestyle.



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