



The Secrets of Happy Families: Eight Keys to Building a Lifetime of Connection and Contentment

Scott Haltzman

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
The Secrets of Happy Families: Eight Keys to Building a Lifetime of Connection and Contentment

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Proven ways to create a more loving family

Research proves that happy families are good for health, longevity, peace of mind, productivity, and success. In *The Secrets of Happy Families*, Scott Haltzman offers an original approach to building family contentment that works for families of all ethnicities and make-ups—two-parent, single-parent, blended, childless, or same-sex couple. He provides a "positive psychology" way of solving family problems through strategy and leadership, including knowing and accepting who you are, taking a leadership role in loving and united relationships, building a network of support in extended families and communities, and making quality time for fun, adventures, holidays, and rituals.

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