



# Abnormal Psychology: A lay person's guide to mental disorders

*Bob Grove*

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## **Abnormal Psychology: A lay person's guide to mental disorders** Bob Grove

Many factors influence our mental development and our interaction with others. This compilation of the characteristics of functional and personal disorders will help you distinguish abnormal behavior in a world filled with challenges. Its contents are written in easy-to-understand language, with technical terms defined. It is not intended for professional diagnosis or treatment, but rather to acquaint readers with the wide variety of conditions experienced by the human mind.

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