



# Finding Calm in the Chaos: Christian Devotions for Busy Women

*Kathleen Long Bostrom*

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# Finding Calm in the Chaos: Christian Devotions for Busy Women

*Kathleen Long Bostrom*

**Finding Calm in the Chaos: Christian Devotions for Busy Women** Kathleen Long Bostrom

Best-selling author Kathy Bostrom offers this book of devotions to help women create calm in the chaos of their busy lives. The book comprises twenty-eight days of devotions for each month of the year, so that readers can begin using the book during any month. Each week's devotions, prayers, quotations, and "Spirit Boosters" focus on one Bible passage, which is read each day of that week. Each week ends with a "Sabbath Celebration," a time for quiet prayer, reflection, and renewal. The "Spirit Boosters" for each week are divided into "Reaching In" and "Reaching Out" sections. They offer suggestions for ways to be kind to yourself and to others while nurturing your own faith. This book is ideal for women's prayer groups, to give as a gift, or to give to yourself.

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