



# Soy Applications in Food

*Mian N. Riaz*

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## **Soy Applications in Food** Mian N. Riaz

Soy is prized by the food industry for both its versatility and the major role it plays in food functionality. However, only a limited amount of information is available explaining soy's full potential in food applicability. **Soy Applications in Food** provides insight into the different types of soy ingredients available for consumption and details the processing conditions required for their successful application in food.

Comprehensive and complete, the book offers a wealth of information about soy health benefits, the current soy food market, and the processing of soybeans into different soy ingredients. It discusses the use of soy protein in baked goods, pasta, cereal, meat products, and food bars. The book also addresses how to process soybeans into soy milk, soy beverages, and textured soy protein; how to select identity-preserved soybeans for various food applications; how to overcome the "beany" flavor of some soy products; and how soy protein is fulfilling the need for protein in underdeveloped countries.

Featuring contributions from industry experts with years of experience in the field, **Soy Applications in Food** is a valuable resource for obtaining information on the technical and practical applications of soy ingredients.

Mian N. Riaz talks about his books on the CRC Press YouTube Channel.

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Playing with family in the park, coming to see the ocean world or hanging out with close friends is thing that usually you may have done when you have spare time, and then why you don't try thing that really opposite from that. 1 activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love Soy Applications in Food, you are able to enjoy both. It is good combination right, you still need to miss it? What kind of hangout type is it? Oh can occur its mind hangout folks. What? Still don't have it, oh come on its known as reading friends.

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