



# Should You Leave?: A Psychiatrist Explores Intimacy and Autonomy--and the Nature of Advice

*Peter D. Kramer*

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**Should You Leave?: A Psychiatrist Explores Intimacy and Autonomy--and the Nature of Advice** Peter D. Kramer

In his phenomenal bestseller **Listening to Prozac**, Peter Kramer explored the makeup of the modern self. Now, in his superbly written new book, he focuses his intelligent, compassionate eye on the complexities of partnerships and why intimacy is so difficult for us. With the art of a novelist and the skill of a brilliant psychiatrist, Kramer addresses advice seekers struggling with such complex questions as: How do we choose our partners? How well do we know them? How do mood states affect our assessment of them and theirs of us? What does "working on a relationship" truly entail? When should we try to improve a relationship, and when should we leave? Equally at home with Shakespeare, Emerson, and Kierkegaard as it is with Freud and Jung, **Should You Leave?** is a literary tour de force from a uniquely insightful observer and a profoundly resonant and helpful approach to resolving dilemmas of the heart.

Dr. Kramer was recently asked to guest host **The Infinite Mind**, a weekly public radio show focusing on the art and science of the human mind and spirit, behavior, and mental health. Listen to the show now.

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