



# Clinical Manual for the Management of Bipolar Disorder in Children and Adolescents

*Robert A. Kowatch, Mary A. Fristad, Robert L. Findling*

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*Clinical Manual for Management of Bipolar Disorder in Children and Adolescents* was written in response to the growing body of knowledge surrounding pediatric bipolar illness and the underlying biological, environmental, and psychosocial influences that exacerbate symptoms and behavior. Written to provide clinically useful information about diagnosis and management, this manual is a comprehensive collection of empirical evidence, case studies, and the growing number of evidence-based reports on pediatric bipolar disorder over the past five years. This revised and extended manual thoroughly examines how the past dualism of nature versus nurture should be replaced with the more accurate nurture enhancing or igniting nature in young patients facing bipolar disorder. This enhanced text also features several new chapters by Dr. Mary Fristad and team at The Ohio State University, who are experts in the family and psychosocial aspects of pediatric bipolar disorder.

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