



The Complete Dream Book: Discover What Your Dreams Reveal about You and Your Life (Book Cover May Vary)

Gillian Holloway

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The average person will dream over 150,000 dreams in a lifetime--each one a complex web of imagery and deeper meaning. The Complete Dream Book uses the interpretation of 28,000 actual dreams from contemporary dreamers, just like you, to help you access the substance and meaning of your own dreams.

Discover:

- Who's who in your dreams
- Which dreams recur during certain life stages
- The true meaning behind your nightmares
- Why you have certain dreams again and again
- How to tell if a dream is worth interpreting--and if you've done it correctly
- The phenomenon of precognitive dreams

The Complete Dream Book is the only dream interpretation book based on concrete data about real people's dreams and how the real events in their lives relate to their nighttime visions.



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