



# **Waiting for Jack: Confessions of a Self-Help Junkie: How to Stop Waiting and Start Living Your Life**

*Kristen Moeller*

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From the Foreword by Jack Canfield, Co-author, Chicken Soup for the Soul® and The Success Principles:

“By the end of this book and your personal exploration, you will see here you wait for life to begin. You will see that all the answers you need come from within. You will learn to stop hiding your magnificence and stop jacking around. You will become, as Kristen proclaims, “a fierce disruption of the ordinary!”

Robyn Spizman, New York Times Bestselling Author and well known media personality says:  
“Refreshingly vulnerable, witty and wise. Waiting for Jack feels like a conversation with your best friend over coffee. With an honest approach and take action message, Kristen Moeller motivates readers to make it happen. This book is a special gift!”

What are you waiting for?

Do you find yourself waiting for the right moment? The ideal relationship? The perfect job?

Are you waiting for your “real” life to begin?

Do think that the gifts of life are right around the corner? That one day you will arrive and everything will be okay?

Do you endlessly search, yet never seem to find?

Through the sharing of authentic personal stories and profound life lessons, Kristen Moeller explores our pervasive human tendency to wait for life and to look outside ourselves for answers.

Too often we are “Waiting for Jack”—whatever or whoever “Jack” is. So we don’t try; we give up. We sell out and we forget who we are. We are afraid to succeed, afraid to fail, and afraid to say we are afraid. But as Wayne Gretzky said, “You’ll always miss one-hundred percent of the shots you don’t take!”

Waiting for Jack will inspire you to get on the path, move forward and take the shot. And, to remember that you don’t have to wait for Jack!

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#### **Charles Ginter:**

Reading a reserve tends to be new life style on this era globalization. With examining you can get a lot of information that can give you benefit in your life. Along with book everyone in this world can share their idea. Textbooks can also inspire a lot of people. A great deal of author can inspire their particular reader with their story or perhaps their experience. Not only the storyplot that share in the guides. But also they write about advantage about something that you need instance. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that exist now. The authors these days always try to improve their proficiency in writing, they also doing some investigation before they write to their book. One of them is this Waiting for Jack: Confessions of a Self-Help Junkie: How to Stop Waiting and Start Living Your Life.

#### **David Shields:**

The book untitled Waiting for Jack: Confessions of a Self-Help Junkie: How to Stop Waiting and Start Living Your Life contain a lot of information on the item. The writer explains her idea with easy approach. The language is very straightforward all the people, so do definitely not worry, you can easy to read it. The book was authored by famous author. The author brings you in the new time of literary works. You can actually read this book because you can please read on your smart phone, or gadget, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site as well as order it. Have a nice learn.

#### **Rodolfo Born:**

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Your Life this reserve consist a lot of the information in the condition of this world now. That book was represented just how can the world has grown up. The vocabulary styles that writer make usage of to explain it is easy to understand. The writer made some study when he makes this book. Honestly, that is why this book acceptable all of you.

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