



# WHAT OUR MOTHERS DIDN'T TELL US: Why Happiness Eludes the Modern Woman

*Danielle Crittenden*

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Talk to women under forty today, and you will hear that in spite of the fact that they have achieved goals previous generations of women could only dream of, they nonetheless feel more confused and insecure than ever. What has gone wrong? What can be done to set it right?

These are the questions Danielle Crittenden answers in *What Our Mothers Didn't Tell Us*. She examines the foremost issues in women's lives -- sex, marriage, motherhood, work, aging, and politics -- and argues that a generation of women has been misled: taught to blame men and pursue independence at all costs. Happiness is obtainable, Crittenden says, but only if women will free their minds from outdated feminist attitudes.

By drawing on her own experience and a decade of research and analysis of modern female life, Crittenden passionately and engagingly tackles the myths that keep women from realizing the happiness they deserve. And she introduces a new way of thinking about society's problems that may, at long last, help women achieve the lives they desire.



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