



Raw Vegan Recipes 1 & 2: The complete guides to thriving on a plant-based diet for optimal physical health. (How to Be a Raw Vegan, Raw Food Recipes, Healthy Recipes, Healthy Meals, Vegan Recipes)

Kevin Kerr

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Do you want to learn how to make some of the tastiest raw food recipes on the planet?

Are you looking for vegan recipes that prolong your life and satisfy your tastebuds?

If so then you've come to the right place because I have been using these ones for several years and still find them delicious!

I believe everyone would consume more fresh fruits, vegetables, nuts, seeds, and herbs if they experienced how wonderful raw food can taste when prepared right and the amount of energy it would give them! This one is for you if you want scrumptious healthy recipes, or want to learn how to transition to a raw plant-based diet. It contains over 115 delectable plant-based creations that are all taste tested organic. It includes recipes for salads, wraps, juices, smoothies, fermented foods, and even raw chocolate chip cookies. Also, learn how to make raw vegan bread, brownies, burgers, cake, chocolate, cobbler, cookies, pasta, and pizza! Each one is not only nourishing for your body but all are incredibly delicious! I enjoy making all of them on a regular basis and I'm confident you will too!

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