



Sports Medicine: Prevention, Assessment, Management & Rehabilitation of Athletic Injuries (2nd Edition)

Richard Irvin, Duane Iversen, Steven Roy

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Acclaimed for its accuracy and comprehensive style, *Sports Medicine* has been a favorite in the field for years. The second edition of this book continues this tradition while reflecting the latest trends in the field. Designed to provide an understanding of the injury process, this contemporary volume includes coverage on the subjects of prevention, assessment, First Aid, nutrition, treatment and rehabilitation of sports-related injuries. It provides clinicians with an invaluable reference on the anatomy, pathology, short term care, and long-term care of injuries. *This book meets the requirements of the National Athletic Trainer Association.* Physical education instructors, trainers, and any other professionals involved in sports medicine.

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