



My M.S Journey: How M.S Stole My Body & How My Spirit Got It Back

Mr. Juan Antonio Juarez

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This book details my initial M.S. episode, from waking with the debilitating effects to the final diagnosis. The author vividly describes how his spirit played a huge role in his recovery and acceptance of his disease. This first-hand account can, at times, be uncanny, hard hitting, but it is always steeped in honesty.



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