



Exit Stage Left: From Suicidal To Imaginative Thinking

Tilly Dunn

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The author takes you from the marvelous memories of her early childhood to the realities that she faced in adulthood. For fifty-one years, from the ages of eleven to sixty-two, she fought waves of suicidal thinking to come out on top.

While six months pregnant with her first child, she was hospitalized for something that kept her awake for seven consecutive days and nights. A diagnosis of bipolar disorder (mania) followed. Finally, after forty-two years, she triumphantly overcame her psychosis. She tells you her inside story and the tools she discovered to conquer all her challenges. Her life of joy and purpose is what she wants to share with you today.



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